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**STEVENAGE AND NORTH HERTS ATHLETIC CLUB**

**RUN, JUMP or THROW**

**Holiday Athletic Programme Easter 2025**

**8yrs-14years only**

**Monday 7 April – Thursday 10 April 2025**

Hurdles, Sprints (100m, 200m, relays), Endurance (800m, 1500m), High Jump, Long Jump, Shot, Discus, Hammer and Javelin.

**10-3pm (bring your own packed lunch) £26 per session**

**or**

**10-12am or 12:30-3pm £14 per session**

**Booking Link Below**

<https://forms.gle/qG4UrCmKi9zywfcM8>

**Part of the HAPpy Scheme for Children on Free School Meals – book through Playwaze**

![A picture containing grass, sky, outdoor, field

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Enquiries [holidayclubsnhac@gmail.com](mailto:holidayclubsnhac@gmail.com) 

